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APRIL 22, 2020
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Physician Offering Effective Advice to Significantly Decrease the Death Toll

Dr. David Bilstrom shares tested treatment that could help those on a ventilator due to COVID-19.

(Las Vegas) David Bilstrom (M.D. P.C), the director of the International Autoimmune Institute and the Bingham Memorial Center for Functional Medicine, is sharing vital information for those suffering the worst symptoms of COVID-19.

“We can save half the people from dying who are on the ventilators from the SARS COVID-19 now. This is also important news for people who are going to end up on ventilators from this SARS, sudden acute respiratory syndrome,” he explains.

The first publicized group of people diagnosed with coronavirus lived in Seattle. These patients were some of the first ones to end up on ventilators from COVID-19. The New England Journal of Medicine published some of the first data on their treatment. In only two weeks, half the people on ventilators were dead, and another 20% were still on ventilators. A person must be very sick, having difficulty breathing (often resulting in tremendous pain) to be placed on a ventilator.

However, in the 2019 Iranian Journal of Pharmacological Research, people on ventilators received 300,000 IU of vitamin D with an intramuscular injection (into the muscle). They recorded a 50% reduction in the death rates. Half the people were saved from dying with one dose of vitamin D. For these very sick people, the average time spent on ventilators was 10 days less for those who received the vitamin D shot. Imagine if part of the treatment the sickest of the COVID-19 patients was already available in every hospital or pharmacy like this vitamin D. This strategy could significantly reduce the time patients remained on ventilators. In the 2016 Journal of Clinical and Translational Endocrinology, a study was conducted on ICU patients on ventilators as well. These patients were given 100,000 IU of vitamin D daily for five consecutive days with no side effects. In 2017, in the European Journal of Clinical Nutrition, an article detailed the improvement in lung function and quality of life in patients with some of the worst lung disease, cystic fibrosis people. And they only used relatively small vitamin D doses.

Dr. Bilstrom has written a blog and recorded two videos on YouTube to explain in greater detail how vitamin D and other methods can save people's lives. Visit <https://bit.ly/Save-Lives-Injectible-VitaminD> to view them.

Dr. Bilstrom is a fellow of the American Academy of Integrative Medicine and American Academy of Medical Acupuncture as well as an advanced fellow in anti-aging, regenerative, and functional medicine. Dr. Bilstrom is quadruple board certified in Anti-aging and Regenerative Medicine, Integrative Medicine, Physical Medicine & Rehabilitation, and Medical Acupuncture. For more information, call (208) 782-2444 or visit drdavidbilstrom.com.

ABOUT DR. DAVID BILSTROM

Dr. David Bilstrom is the director of the International Autoimmune Institute and the Bingham Memorial Center for Functional Medicine—the first medical center in the country associated with a teaching hospital to treat all types of autoimmune diseases. It is also the first to use nature and its ability to improve human health and well-being as an integral part of a wellness program.

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